Myeloma-Supportive Care Mayo Consensus



Scottsdale, Arizona



Rochester, Minnesota



Jacksonville, Florida





Multiple Myeloma with Anemia

Anemia: Hb > 2 g/dL below lower limit of normal Transfuse PRBC if symptomatic Initiate myeloma directed therapy

Persistent Anemia (Hb < 9 g/dL) after 1 to 2 cycles of therapy in responsive disease Rule out other causes of anemia -Folate and B12 deficiency - Iron deficiency -Impaired Erythropoietin production Replacement therapy for deficiencies Anemia of chronic disease/ -If no response start EPO chemotherapy induced

> Trial of Erythropoietin stimulating Agents Hold drug if Hb >10 g/dL

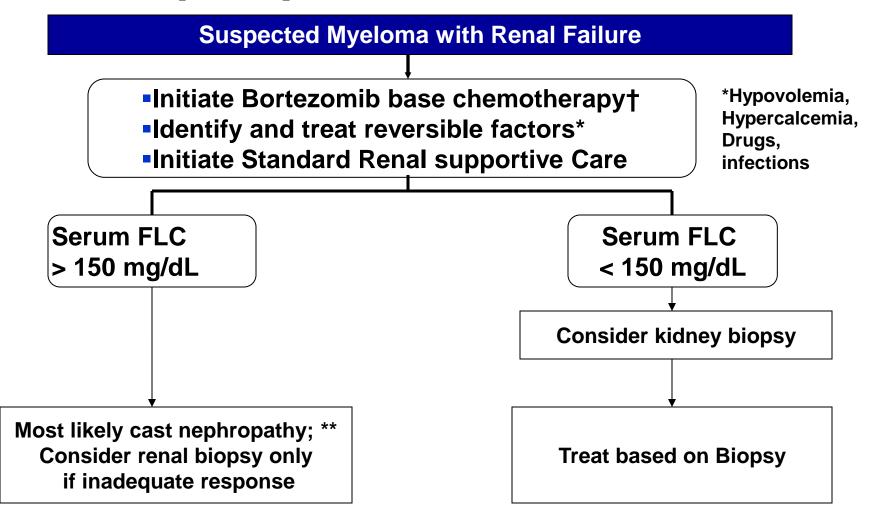


Infection Prophylaxis

- Bacterial Prophylaxis
 - All patients should receive levofloxacin prophylaxis during induction for 2-3 months
- PJP Prophylaxis
 - Sulfamethoxazole/Trimethoprim SS daily (or equivalent) while on dexamethasone
- Viral Prophylaxis
 - Acyclovir or Valacyclovir prophylaxis for herpes zoster in patients receiving proteasome inhibitor or daratumumab containing regimens



Multiple Myeloma with Renal Failure



^{**}Use of plasma exchange is controversial, and may be considered in some patients